## Car Kit
*(Start with a basic 72-hour kit and add items as needed for your car.)*

Secure items in your trunk or nooks and crannies, you won’t need them on a regular basis.

- Booster/Jumper Cables
- Duct Tape
- Energy Bars (non-perishable)
- Extra Fuses
- Flares
- Fire Extinguisher (5 lb. A-B-C type)
- First Aid Kit Manual
- Gallon of Water
- Gloves/Mittens, Beanie/Hat and Poncho
- Hand Crank Radio and Flashlight
- Maps and Contact Numbers
- Shovel
- Spare Tire, Jack and Lug Wrench
- Tire Repair Kit and Pump
- Toilet Paper and Wet Wipes
- Tools, Tire Pressure Gauge
- Wool Blanket

## Child Kit
*(Start with a basic 72-hour kit and adjust them for your child’s needs.)*

Usually the following would be in your diaper bag.

- Antibiotic Wipes
- Baby Food and Snacks
- Baby Bath Towel
- Baby Wipes
- Bibs and Binkies
- Clothes
- Diapers
- Dish Soap and Bottle Brush
- Favorite Blanket
- Formula
- Formula Bottles (with disposable liners)
- Immunization Records
- Medication
- Toilet Paper
- Toys, Games, Entertainment
- Immunization Records
- Pet Beds and Toys
- Secure Pet Carriers or Crates

Pet backpacks are available so your pet(s) can carry their own light-weight items.

## Basic Pet 72-Hour Kit
*(Remember to take your pets in secure pet carriers or crates.)*

- Water
- Collars, Tags, Leashes
- Contact Numbers and Photos of Pets
- Extra Blanket for Each Pet
- Food, Treats, Food Bowls
- Gallon of Water, Water Bowl
- Medication, Immunization and Veterinary Records
- Newspaper for Lining
- Paper and Plastic Bags for Clean Up
- Pet First Aid Kit
- Pet Beds and Toys
- Secure Pet Carriers or Crates

For more information, [www.Ready.gov](http://www.Ready.gov) or [www.FEMA.gov](http://www.FEMA.gov)

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**BE PREPARED**

Energy is part of everyone’s daily life. Are you ready if an emergency disrupts electricity, natural gas or gasoline for up to 72 hours?

Information provided by Homeland Security and FEMA. Produced with grant funding from the U.S. Department of Energy.
A 72-hour kit is essential for any emergency, you’ll be glad you have one! We recommend purchasing your 72-hour kit through an established and reputable company, or by using the lists below and making your own custom kit.

There are many types of disasters and emergencies: traffic jams, accidents, fuel shortages, floods, fires, earthquakes, blizzards and tornadoes. In many cases, a 72-hour kit could mean the difference between life and death. It is estimated that after a major disaster, it may take up to 3 days for relief workers to reach some areas. It would be wise to consider a 72-hour kit that you could live on for 7 to 10 days. In such a case, if you live in a disaster prone area, a 72-hour kit is the minimum you should have available. Plan your 72-hour kit according to your family's size.

Common sense things to know about 72-Hour Kits:
Remember: Each family member should have their own 72-hour kit with food, clothing and water.
- Distribute heavy items between kits.
- Inspect your 72-hour kit at least twice a year.
- Rotate food and water every six months.
- Check children's clothing for proper fit. Adjust clothing for winter or summer needs.
- Check expiration dates on batteries, light sticks, warm packs, food and water.

### 72-HOUR KIT SUPPLY LIST
This list of recommended items is not necessarily comprehensive or required. Use it as a guideline to create your own kit. You might add or delete items to meet your needs.

- Backpack
- Blankets/Sleeping Bag
- Body Warmers
- Duct Tape
- Dust Mask (N95)
- Emergency Candle (30-hour)
- Feminine Items
- First Aid Kit
- Flashlight with extra batteries
- FM Radio with Batteries
- Garbage Bags
- Hand Sanitizer
- Hygiene Kit - Tooth Brush and Paste, Wet Wipes
- Leather Work Gloves
- Lighter
- Light Stick (24-hour)
- Nutrition Bars
- Nylon Rope (60 Foot)
- Pen and Paper
- Plastic Sheets
- Pliers
- Poncho with Hood
- Shovel
- Swiss Style Army Knife (with can opener)
- Toilet Paper in Ziploc Bag
- Tube Tent
- Waterproof Matches
- Whistle

### ADDITIONAL THINGS YOU MAY NEED IN YOUR 72-HOUR KIT

#### Food and Water (rotate every 6 month's)
A 3-day supply of food and water, per person, when no refrigeration is available.
- Snack Foods
- MRE Food Pouches
- Protein Drinks

#### Bedding and Clothing
- Change of Clothes
- Sleeping Pad
- Cold Weather Gear (coat, gloves, blanket, etc...)

#### Light and Fuel
- Flares
- Batteries
- Gasoline (for your car)

#### Personal Supplies and Medications
- Feminine Hygiene, Hair Brush, Hair Ties
- Immunizations (up-to-date)
- Medications
- Prescription Medication (for up to 3 days)
- Eye Glasses/Contact Lenses

#### Personal Documents
- Contact Information, Photos of Family, Friends and Pets
- Photocopies of: Birth and Marriage Certificates, Wills, Vaccination Records, Passports, Contracts, Insurance Policies, Bank Information, Genealogy, Pet Records

#### Games and Entertainment
Have just a few to keep your family entertained.
- Books
- Crayons, Pencils, Paper
- Board Games, Puzzles, Stuffed Animals

#### Cash: $50-$500 in Small Bills and $10 in Quarters
- Credit Card
- Maps
- Pre-Paid Phone Cards
- Extra Car and House Keys